

Ruth Jukes sent this recently  
I was reading **Jeremiah 50** and these verses really stood out:

v4-5 'In those days, at that time,' declares the Lord, 'the people of Israel and the people of Judah together will go *in tears* to seek the Lord their God. They will ask the way to Zion and turn their faces towards it. They will come and *bind* themselves to the Lord...

v6 My people have been lost sheep; their shepherd led them astray.... They wandered over mountain and hill and *forgot their own resting place*....

**My conviction is that the Lord is going to bring back Christians who have wandered away from the church** (been led astray), they will come back in repentance (tears) and full commitment (binding themselves). This time they will commit themselves to the Lord (their resting place), not to the church as a building or an institution.

#### Pointers for Praying for an hour

- Maybe use the Lord's Prayer as a model and start with praise, thanksgiving and worship. Sing, play songs and hymns
- Pray the verse for the year and Jeremiah 50 over your family, the Churches, our parish, your area. That God might repay us for the years the locusts have eaten and bring back people to the Lord
- Pray for children and young people, and the schools in our parish
- Pray the Lord's Prayer over yourself, your family, the churches and the Parish/area where you live.
- Tell God what is on your heart. Bring him your concerns and ask for His help. 1 Peter 5:7 reminds us to pour out all your worries and stress upon him *and leave them there*, for he always tenderly cares for us.
- Pray that instead of sickness we would see God's health, healing and restoration
- Ask God if he has anything he would like to say, and please send any feedback to Sue.



### 24 Hours of Prayer

**9.00am Friday 7th –  
9.00am Saturday 8th March 2025**

**Venue – At Home**

Please sign up to pray for an hour AT HOME using the link below to our page on 24-7 Prayer.

<https://signup.24-7prayer.com/signup/0ab786>

If you would prefer to contact myself or Melanie and we would be happy to sign you up.

If someone is already signed up for the hour that you would like to do, still sign up for that time. It doesn't matter if lots of people pray at a particular hour, the important thing is that people are praying.

For those who praying for an hour sounds a bit daunting and would like a little help, there are a few pointers below.

We are expecting God to speak to us. Please share whatever scripture, word, picture etc. comes to mind and email Sue.

[spclark1746@gmail.com](mailto:spclark1746@gmail.com)

Thank you so much for praying. If you have any difficulty or want some help, please contact Sue.

**Come and pray for outside the Main Entrance to Tupton Hall School at 8.30am for half an hour on Saturday 8th March which will finish the 24 hours of Prayer.**

## Why are we praying?

### 1 Thessalonians 5:16-18 (NIVUK)

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Sometimes we do not know why we are praying or don't really expect it to do any good. It may just seem like a good idea or something we should do. Often, we don't know the effects of Praying.

This is a story that J. John shares regarding David Livingstone.

Following God's call to the mission field in Africa, Livingstone had laboured in an unreached area for some time.

One of the local chiefs did not appreciate Livingstone's work and sent a message that he and his warriors were planning to kill Livingstone and all who were with him.

Livingstone prayed (quite anxiously), and the threatened date came and went with no incident.

The chief later turned to follow Jesus, and Livingstone asked him why he had not followed through on his threat. The chief said that he and his warriors had come that night to Livingstone's camp, and when they arrived there were giants - warriors - guardians - who were surrounding the camp. They were scared and turned away ... but he confirmed that they had counted 39 giants protecting Livingstone and the camp.

Later, when Livingstone was back in Scotland and reporting this tale to a supporting church, the minister checked the date of the event, and then looked up the church records. He was able to confirm that on that very date, they had held a prayer meeting for Livingstone - and there were 39 of them praying for him.

### Prayer Changes things

At the Woman's Breakfast in February the speaker told a story of how she had a growth on her vocal cords and she needed an operation to remove this which would leave her with impaired speech for the rest her life. Some one prayed that she would be healed and not need the operation and God would give her new vocal cords. She went down for the operation and when she woke up, she found they hadn't done anything. The surgeon showed her the before and after photos. The diseased ones before and the ones They found when they operated. She said of the photo taken during the operation they aren't the same vocal cords they are new ones. The surgeon insisted that the photos were correct and had no explanation as they made no sense.

### God answered that prayer!

#### Psalm 55:22 ESV

Cast your burden on the Lord, and he will sustain you

#### Ephesians 6 The Message Version

13-18 Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet.

Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout your life. God's Word is an indispensable weapon.

In the same way, prayer is essential in this ongoing warfare. Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other's spirits up so that no one falls behind or drops out.

## What to pray about

Verse for the Year 2025 - Joel 2:25

**"I will repay you for the years the locusts have eaten"**